



LIVE FIT WHO WE ARE

- TRUST**
I trust the LiveFit approach and my application to get results.
- ACCOUNTABILITY**
I take ownership and responsibility for my actions.
- DISCIPLINE**
I do what I say, my word is my bond.
- HONESTY**
I am honest with myself and speak the truth.
- RESPECT**
I respect myself, my trainers and the space.
- CARE**
I show care for myself and encouragement to those I train with.
- FEEDBACK**
I am open to feedback as it helps me improve.
- POSITIVITY**
I maintain a positive attitude.
- PUNCTUAL**
I arrive 5 mins early for my training sessions.
- ETIQUETTE**
I refrain from swearing in the LiveFit environment.

LIVE FIT WHO WE AREN'T

- NEGATIVITY**
I don't bring negativity into the LiveFit Environment.
- BLAME**
I don't act like a victim and play the blame game.
- EXCUSES**
I don't make excuses and live in denial.
- PROCRASTINATE**
I live in motion instead of action. I don't put things off.
- SELF-SABOTAGE**
I don't submit to my self-sabotage cycles, I push through them.
- PROJECT**
I don't project my problems or concerns onto others.
- WASTE-TIME**
I don't ask questions without being ready to take action.
- CRITICISE**
I don't criticise or condemn those around me.
- COMPLAIN**
I don't complain and not train.

30 Edgar Street, Bowen Hills QLD 4006

Turn-Key Fitness Business Available for 75K O.N.O

Phone enquiries - please quote property ID 21035

[ATTENTION: SERIOUS BUSINESS OPPORTUNITY]

LiveFit is a ready-made profitable fitness business for an owner/operator or a family-owned operation. Founded in 2010, LiveFit has been a well-known fitness business in Brisbane.

LiveFit has an in-built culture built on positivity, trust and care, which make it an amazing workplace. The clients are friendly, fun and easy to get along with.

In 2017, LiveFit quadrupled in revenue, hiring additional staff and at its peak turned over \$10,000 in revenue pe

Leisure/entertainment

FOR SALE

\$75,000 O.N.O

320sqm